



PRESERVATION OF TRADITIONAL GAMES IN LEARNING ACTIVITIES AT AL-HIDAYAH SOURCE SECANG KINDERGARTEN

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Abstract:

Indonesia is a country rich traditional art and culture and games. Cultural arts and traditional games are so diverse but many are endangered because there is nothing to preserve it. The longer, the Indonesian nation many know the game only through the written documentation. This is exacerbated by the current digital game technology that began to mushroom, and the change of social system in a more individualistic society. Thus it takes effort to keep preserve traditional games through the Early Childhood Education (ECD). ECD is an institution that supports the social system of friends to play traditional games. Curriculum development by adding themes Local Wisdom can be performed on all early childhood institutions in Indonesia so that our country is not experiencing a crisis of extinction of traditional games. This traditional game outlines the impact that occurs on children when playing. They can understand the plot and follow the rules of the game, so that children can be patient in waiting for their turn with other friends, and the interaction between groups goes well. With this, we use The ABCD approach is used as an effort to improve the quality of human life with a development pattern that places humans as the main actors, which has been implemented in Indonesia. Considering that this pattern is still a pilot, the support of various parties is really needed, moreover, universities as one of the educational institutions have a very strategic role in participating in this effort. ABCD is an effort that ensures that development activities are in a position where humans can develop their capacities in accordance with all the potential and assets they have. More than that, universities can play a role in realizing the formation of Indonesian people who are caring and active as citizens. ABCD is used as an approach to community service because the orientation of community service at PTKI is an effort to increase community capacity so that they have the power to recognize and utilize all the strengths and assets they have for the common good. Asset-based community development (ABCD) is considered the right approach to this problem.

Keywords: *Traditional Games, Early Childhood.*

INTRODUCTION

Indonesia is rich in cultural arts and traditional games. Each region has different cultural arts and traditional games. From Sabang to Merauke. A game usually played on the island of Java. Hide and Seek, Gobak Sodor, Congklak, Jump Rope, etc... are rarely seen in today's society. Children usually cannot escape from games. One of the characteristics of early childhood is fun tasks.

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Nowadays, small children are no stranger to gadgets. Gadgets were chosen as children's games because they make it easier for parents to monitor their children while playing. Parents feel it is more realistic and safer for their children to play outside with their friends. Unfortunately, this causes children to increasingly move away from cultural arts and traditional games, which has an impact on children's social and emotional relationships with their environment. Therefore, so that traditional arts and culture and games are not lost, it is necessary to preserve them. One of them is through the Early Childhood Education Agency (PAUD). PAUD is the right institution to maintain the continuity of traditional Indonesian games from the erosion of technological trends.

Regional wisdom is influenced by the culture of each region and its different cultural diversity, this shows that it has important value to be preserved as cultural and social heritage. One way to preserve local wisdom is to play traditional games that have been played for a long time and have positive character values.

Teachers should introduce children to traditional games as part of their education, because traditional games can stimulate various aspects of children's development (Utami, 2014). One way to preserve local wisdom is by playing traditional games (Setiawan, 2013). Traditional games are the country's cultural heritage and have been played since ancient times.

Traditional games stimulate various aspects of children's development. As part of education, teachers should introduce children to these traditional games. Traditional games are full of meaning and positive values and have been proven to be able to optimize the development of children as the nation's next generation. Traditional games are an inseparable part of childhood, a legacy of our ancestors, and are currently almost extinct. Children's traditional games often involve cultural knowledge, values, and cultural skills that emerge over time from a person's relationship with society and the environment.

A study states that traditional games provide children with high-value cultural products related to imagination, creativity and movement, as well as a means to train social life, skills, manners and dexterity that are good for the body. Games improve children's physical fitness because they can learn jumps and techniques that require their skills. Skipping rope is a game similar to a rope made of rubber bands. The game is simple but comfortable and can be used as a tool for games and sports (Eliza, 2022).

The traditional game Gobak Sodor is a traditional game played in teams on the field. This game is usually played in an open field marked with square lines. This game is very popular among children. The goal of the game is to prevent the opponent from going back and forth on all vertical and horizontal lines. A team of players tries to cross the line with quickly without touching the guard. This game requires speed of execution, strategy and good teamwork. Iswantiningty (2015) stated that the Sodor gobak game is a traditional game that is rarely played by children. Games It's very interesting, fun and very difficult. stated that the traditional game congklak can also teach children to count. Apart from that, children who play congklak must be good at developing strategies to win the game.

The increasingly rapid development of technology and the current digital era have a big impact on children's daily lives, including the way they play. Children

spend more time in front of gadget screens than playing outdoors or playing traditional games. This causes knowledge about traditional games to decrease, some people even don't know what traditional games are. Therefore, efforts are needed to reintroduce traditional games to children so that they can understand and appreciate the cultural heritage of their ancestors and gain positive benefits from playing these games. Support livelihood of the current generation. In fact, current cultural developments are increasingly eroding the existence of traditional games. Most children are no longer used to games and are interested in virtual games that relax the body. At that time, children spent a lot of time just staying at home and playing online games on their smartphones.

The point of the introduction is that with today's technology, cultural heritage has faded. One of the cultural heritages that needs to be preserved is traditional games. Not many people know that traditional games have many benefits. Apart from that, traditional games also have educational elements that help children's growth and development. Children's growth and development is influenced by many factors, one of which is their physical activity. Every child's growth and development depends on the activities around him, nutrition and a supportive environment. Children's social life, including playing and socializing with friends, also has a big impact on their growth and development.

Traditional games developed from the habits of certain communities which then became a form of game and sports activities. After that, traditional games began to be made into games with regional characteristics that were adapted to local culture. This traditional game is often played by children at home and at school. Therefore, it is very important to preserve and preserve traditional games, considering the benefits of traditional games themselves and the importance of the cultural values embedded in them. Many traditional games, especially those involving certain physical activities, encourage children's growth and development.

Yudiwinata and Handyo show that traditional games develop cooperation skills, sportsmanship, and the ability to formulate strategies, as well as agility (running, jumping, balance) and character (Yudiwinata and Handyo, 2014). Developing these skills through traditional games will advance children's developmental growth.

RESEARCH METHODS

The Community Service Orientation in Sumber Secang Village is an effort to increase community capacity so that they have the power to recognize and utilize all the strengths and assets they have for the common good. Asset-based community development (ABCD) is considered the right approach to this problem. This is because ABCD is an approach to community development which is in the mainstream of trying to create a social life order where the community becomes the actor and determiner of development efforts in their environment or what is often called Community-Driven Development (CDD). Community development efforts must be implemented from the start. from the start, placing humans in knowing what strengths they have and all the potential and assets they have that have the potential to be utilized. Only by knowing their strengths and assets, it is hoped that

humans will know and be enthusiastic about being involved as actors and therefore have the initiative in all improvement efforts.

RESULTS AND DISCUSSION

Traditional Games in Al – Hidayah Kindergarten, Sumber Secang Village

1. Gobak Poke Game

The origins of Gobak Sodor As a game known in Indonesia, it turns out that Gobak Sodor does not originate from Indonesia. A number of Dutch literature states that the word Gobak Sodor is taken from Go Back Through The Door, which means going through the door. The term comes from Indonesians who find it difficult to speak foreign languages so it becomes gobak sodor.

In the Big Indonesian Dictionary (KBBI), "gobak" means "a traditional game that uses a rectangular field with squares, where each line is guarded by a guard, the party who wants to enter must cross the line and if they are touched by the guard, they have to change into guards." Meanwhile the word "sodor" means "to thrust". In this case, what must be offered is our body and hands so that we can touch the opponent who is trying to cross the line.

2. Hide and Seek Game

Hide and seek is a popular outdoor game involving a minimum of two players, characterized by the actions of seeking and hiding. ©Zainul Hasan Genggong Islamic University METHOD In this game, one player acts as a searcher and starts by counting to a certain number, while the other participants look for a safe place to hide. How to play hide and seek: the game starts with a hompimpa to determine who will act as the "cat", who is responsible for looking for friends who are hiding. The cat then closes its eyes or turns around and counts to ten. Meanwhile, other players scramble to find a suitable hiding place. Usually, "cats" position themselves facing a wall, tree, or other object to prevent them from observing their friends while hiding. Once they finish counting, the "cat" starts looking for all the hidden players.

3. Congklak Game

Congklak is a type of traditional game that was popular in ancient times. This game uses a wooden board that has 14 up to 16 holes with two holes at the end of the board. This game is played by grains or small stones which are moved from one hole to another rotating sequentially. This traditional game is also popular and was played a lot by Javanese people in ancient times. Usually this game is played by two players. However, usually other children who don't play come together and watch this game. Of course this provides fun and enjoyable entertainment at times. Unfortunately, this traditional game is rarely played and can even be said to be extinct. Because, now times have changed where children tend to prefer modern games on cellphones rather than traditional games. In fact, many traditional games have good benefits for children's development, both for developing thinking and physical training.

Early childhood education programs

Early childhood is a child at a very crucial period of growth and development. Anderson, et.al (2003: 32) said that early childhood is a child who is in the early years of life and requires sufficient opportunities for growth and preventing the dangers of vulnerability. Developing children are shaped by sources of resilience as well as vulnerability.

A child's cumulative experience is a determinant of development. Early childhood development opportunities are used to build an important foundation for academic success, health, and general well-being.

Early Childhood Education (PAUD) according to Law No. 20 of 2003 concerning the National Education System is a coaching effort aimed at children from birth to the age of six which is carried out through providing educational stimuli to help physical and spiritual growth and development so that children are ready. in entering further education. So PAUD is an institution that serves the growth and development needs of children of this age so that they are able to go through their level of development well.

The presence of technology today makes cultural heritage fade.

One of the cultural heritages that needs to be preserved is traditional games. Not many people know that traditional games have many benefits. Apart from that, traditional games also have educational elements that can bring benefits to children's development.

Children's growth and development is influenced by various factors, one of which is the physical activity they do. Each child's growth and development is different, depending on the activities, food and supportive environment around them. Children's social life also greatly influences children's growth and development, for example when they play and interact with their peers.

Traditional games developed from the habits of certain communities which then became a form of game and sports activities. In subsequent developments, traditional games were used as a type of game that had original regional characteristics that were adapted to local regional culture. This traditional game is often played by children from around the house to the school environment. Thus traditional games are very important its existence is maintained and preserved considering the importance of the benefits of traditional games themselves and the cultural values contained therein.

Many traditional games have benefits for improving children's growth and development, especially traditional games that involve certain physical activities. Yudiwinata and Handoyo revealed that traditional games further develop cooperation skills, sportsmanship, the ability to build strategies, as well as agility (running, jumping, balance) and character (Yudiwinata&Handoyo, 2014). By developing these abilities when children play traditional games, the child's growth and development will develop and improve.

Traditional games are experiencing a downward trend. This game is lost due to changes in technology and changes in social systems in society. In big cities, this game is almost never played by children. Even in rural areas, this game is becoming increasingly rare among children.

The emergence of Android gadgets supported by gaming applications is starting to displace traditional games. Nowadays, Android gadgets are not something special because everyone has them. Many parents who don't want to bother supervising their children playing outside the house usually tend to give gadgets to their children.

In the past, television has started to displace traditional games, but the impact is not as extreme as the presence of Android gadgets. Televisions cannot be carried everywhere, while gadgets are more practical with their small size and can be carried anywhere. However, unfortunately this technological progress can wipe out traditional Indonesian games.

One institution that can be used to preserve traditional games is PAUD. This is because PAUD is a place where children meet to socialize. This place is very appropriate to introduce traditional games in various activities in the curriculum.

Contribution of Kindergartens in Preserving Traditional Games in SumberSecang Village.

This research was conducted at the kindergarten institution (al-hidayah) in SumberSecang village. The findings in the research are that the contribution of kindergartens (al-hidayah) has an important role in preserving traditional games, because it is a meeting place for children to socialize, learn while playing, and a place to introduce traditional games. This is the main factor in maintaining its sustainability. Teachers as mentors and role models as well as examples who can have a positive impact on children to develop the potential that exists within children, learn while playing. Therefore, kindergartens are very appropriate to introduce and preserve traditional games in various children's activities.

Preserving games among children from an early age so that they can provide education or some kind of understanding about the benefits contained in traditional games themselves. Kindergarten is the most common thing to be associated with children because it is a place where children learn while playing. This is a traditional game that can be linked to school institutions to preserve or introduced to children in various activities, for example not only in the school environment but also in the community environment which plays an important role.

Kindergarten educational institutions are well positioned to preserve traditional arts and culture by incorporating local wisdom into the curriculum. Necessity preserving cultural arts and traditional games from extinction. Because kindergarten It is a meeting place for children to do things together. This place is very appropriate to introduce traditional games in various activities in the curriculum.

Kindergarten educators should incorporate traditional children's games as transformative educational tools that are useful in improving classroom teaching. Therefore, it is appropriate for educational institutions to introduce and implement traditional games as an alternative means for children to optimize their potential while maintaining their existence as an ancestral heritage.

Karwati (2014) Kindergarten teachers must design learning that allows children to be introduced to the local wisdom of their region through various traditional games. Traditional games that support local culture-based learning are

needed to be able to meet children's needs related to fun learning, fostering and encouraging cultural values and love for local cultural products.

The introduction of various traditional games for children by educational institutions is a good first step. The more children know about traditional games, the more active they will be in playing, so the longer they are implemented, the more traditional games will develop. (Taoreh and Satria, 2020) One effort to facilitate children's education is by implementing traditional games in Kindergarten (TK). Suwardi (2019) Education in formal educational institutions is a means of socialization and a place where children are helped to adapt to the environment. Cultural values are taught and changed in schools so that the cultural form is in line with social progress. Therefore, along with technological developments and the development of cultural values, the role of schools in maintaining these noble values is very large. This is a challenge in implementation.

Figure1.1



Figure 1.2



Traditional games have several advantages, namely:

- a) They don't cost much,
- b) Increasing children's creativity, c.
- c) They develop children's social and emotional intelligence,
- d) Children are getting to know nature more and more,
- e) They help to teach values,
- f) They develop children's fine and gross motor skills,
- g) Improving children's health in terms of physical and mental stamina,
- h) They optimize the child's cognitive abilities,
- i) They create an atmosphere of enjoyment,
- j) They can be used with children of different ages,
- k) They can help develop a sense of art and beauty (Rombot, a. Hide and seek
The Impact of Traditional Games on Child Development b. Gobak Sodor
2017).

When children are given stimulation through traditional games, children are able to change position quickly and precisely. Speed is divided into two speed of reaction and movement, reaction speed is a person's ability to respond to a stimulus in the shortest possible time. When children play traditional games, children will be able to

respond quickly to the stimulus given by the teacher. Balance is a person's skill in maintaining the body in various positions. In this article, the child's ability to maintain a jumping position while moving from place to place with a combination of varied footwork can be said to be good.

Types of traditional games include the following:

1. Games that develop children's physical and social abilities:
 - a. Engklek
 - b. Congklak (Dakon)
 - c. Jump rope
2. Sports games:
 - a. Hide and seek
 - b. Gobaksodor
 - c. Fortresses
3. Games that develop children's natural intelligence for interaction with the surrounding environment:
 - a. Toy car
 - b. Stilts
 - c. Football

Looking at the types of traditional games above, it can be seen that all types of games use physical activity. This indicates that traditional games can develop physical motor development and can be used as a learning medium, especially for young children.

The Impact of Traditional Games on Child Development

1. Physical development

To get a complete picture of a child's development, it is necessary to examine physical development. Physical development is considered important because it will directly determine a child's skills in moving. Indirectly, physical growth and development will influence how children view themselves and others. everything will be reflected in the child's general adjustment pattern.

2. Motor development

Motor development means the development of control of physical movements through the coordinated activity of nerve centers, nerves and muscles. During the first 4 or 5 years after birth, the child can control gross movements. After the age of 5 years there are major developments such as grasping, catching a ball, writing, and using tools.

3. Speech development

Speech is a form of language that uses articulation or words to convey meaning. A child's speech development will only affect the early years of life, because it includes the basic foundations of speech development.

4. Emotional development

Emotions are a form of communication, through changes in facial and physical expressions accompanied by emotions. Children can communicate their feelings to others and recognize different types of other people's feelings.

5. Social development

Social development means acquiring the ability to behave in accordance with social demands. To be able to live in society, children not only know acceptable behavior but also must adapt to behavior that is acceptable in society.

CONCLUSION

Traditional games must be preserved because they are national culture and ancestral heritage which are full of meaning and benefits that can be obtained from these traditional games. Traditional games are not just games, but there are values and cultural elements inherent in them. Traditional games have many benefits, one of which is physical motor development. In this way, traditional games can be applied in the world of education and in everyday life as entertainment and learning media.

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